

Welcome to the Resources for *Mothers*

READ MORE 

Dear you, the creator of your tiny human.

A warm welcome to our page, created just for you and your little one.

If you are:

Looking for a community of support, a like-minded group of moms/parents who want the best for their babies and children...

Interested in natural alternatives to common childhood illnesses and mothers' complaints...

Willing to look at illness and fever as a normal and important aspect of a evolving a healthy immune system...

Ready to learn about a safe, non-toxic 200 year old system of medicine based on energetic principles that supports self-healing...

Then welcome to the Powers of Homeopathy website - your one stop resource for all things homeopathy. Learn how to use your homeopathic home/travel kit safely and successfully for self-healing support in accidents/injuries, infectious childhood illnesses and prevention in outbreaks.

A SACRED ILLNESS

“A sacred illness is one that educates us and alters us from the inside out, provides experiences and therefore knowledge that we could not possibly achieve in any other way.”

~ Deena Metzger

WARNING: BEFORE READING

If you are:

- a sleep-deprived mother/woman (some fathers/men too),
- or have been nursing (as in Florence Nightingale the nurse) sick kids/adults,
- nursing babies (as in ‘at breast’ – cheers to the men who take the night feeds with bottles of formula or breast milk!),

- a father/mother/family of a child or children diagnosed with autism,
- living with a chronic illness (yours or a loved one), and/or
- all of the above

...you may want to set this article aside and read at a time when the lines are not blurred from sleep deprivation and when you maybe have a nanosecond to entertain a different kind of thought about illness.

During my own personal experience at the time of breastfeeding and postpartum depression, I felt that there was absolutely NOTHING sacred or inspiring or benevolent about the experience. Who knew that as the years rolled by, I actually was transformed by the experience of having kids and being a mother and a parent? As Deena Metzger points out, my early mothering experiences gave “knowledge that I could not possibly achieve in any other way.” Mothering leaves no room for lying to yourself about what a great person you are! You are stripped bare. To the bones. At the core.

Every belief questioned, every opinion about childrearing squashed, and any sense of what all the sleeplessness, pain, and suffering of both the child and the parent might mean—nothing at the time fully revealed. Gives new meaning to a ‘leap of faith,’ doesn’t it? We don’t know how the story of our mothering experience will end for our kids or for us; we just know that, as Polly Berrien Berends says in her book, [*Whole Child/Whole Parent*](#):

“Do what you have to do until you know what you need to know. ... As we do whatever seems necessary to cope with and cure our difficulties, the important thing is to remain concerned with the possibility of transcending them and to focus on the lasting, the essential, the spiritual in life—by keeping sight of it, addressing ourselves to it, and expressing it.”

TOUGH GIG

You don’t need to be reminded that this is a tough gig. Phone calls this past week from moms who are trying to help their kids heal with all the sickness going around are continual reminders for me of just how hard this is. We need each other.

I was fortunate to have a husband, family, friends, and professionals who helped...community. Seems to me, we need an even larger community these days.



Every child is special, but my sense is that, with the world being in the upheaval that it is, there are children being born who are here to help make this world a better place. We are here to nurture, support, help heal, and be great encouragers of these kids...so 'normal' and yet so significantly in tune to what the world needs at this moment in history...a transformation of epic proportions if we as a species are to continue life on planet Earth.

And we thought we as parents had a tough gig? Consider what our children are inheriting. Makes me pause to consider that, in the Christian tradition and coming from the Judaic Old Testament "...a little child shall lead them." The birth of a baby all those centuries ago changed the world in ways we could not have imagined. And today? So too the birth of our own children and grandchildren are being born into a world that is changing at lightning speed.

SACRED ILLNESS/SACRED HEALTH

Babies and kids are bound to get sick. It's how they develop and grow, both their minds and immune systems. We have to remember that they are not the sickness...nor are we. We get sick too. There is a greater purpose. There is love holding us up and bearing us up through sickness and through health. We are love incarnate.

We need each other to remember and remind us that there is, in all of this upheaval, love. And we have homeopathy as a healing modality... medicine for the 21st century!



My personal mission is to have a homeopathic kit in every home and to provide you with the knowledge of how to safely and successfully use your kit in acute illness or accident situations, whether at home or while travelling. All of our courses and kits are affordable and accessible to all. Check out our pay-what-you-can model www.powersofhomeopathy.com.

Thank you for being a part of creating a natural, safe, non-toxic world with homeopathic remedies.

Yours in health and healing,

Dana Powers

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