

# Vaccination is your choice

Know what to expect if you do decide to vaccinate. What are the risks with vaccination? Do you know? What are the risks of the diseases? Do you know?

READ MORE 



Maybe you have been a family who vaccinates but one or more of your family has suffered a vaccine injury and vaccination is no longer an option. Maybe you are a family who has made the decision to refuse vaccines for your child because of a family history of neurological diseases.

Know what to expect if you decide to be vaccine free.

Recognize any of these scenarios that are becoming more common and are maybe affecting you directly or affecting someone you love?

1. You just 'outed' yourself on FB as being vaccine-free. Scary huh? Wondering who will 'unfriend' you? Or send a nasty note?
2. Or... you posted that you 'liked' Vaxxed: From Cover Up to Catastrophe on your wall or you are posting Vaxxed video interviews with parents of vaccine injured children.
3. Or...your friends and family saw you on the local news show at the Vaxxed premiere!
4. Or...you are heard or read immunologist Dr. Tetyana Obukhanych explain that there is world of difference between natural immunity and vaccination. You begin to realize what you want is natural immunity for your little one.

### **AND NOW 'THEY' KNOW...YOU ARE EITHER:**

1. An 'anti-vaxxer' (Even though you know you gave vaccines before you knew more);
2. An anti-vaxxer sympathizer;
3. Or... you are one of the crazy vaccine free parents whose child is going to 'infect' every other child.

And you might be feeling just a little overwhelmed. Scared. Vulnerable. Anxious. As Kermit the Frog said, 'It isn't easy being green.'

The good news? You are none of these labels...but yes...I understand the overwhelm.

Thirty plus years ago FB was a long way off in the future. That was when I started to question vaccines...but only after my boys had been given their DTaP, Polio and MMR vaccines. Only one of them got

HiB. Those were the days...just a few jabs. We did not worry about being 'unfriended' but we were careful who and where we talked about vaccines...we dared to question. No internet either...word of mouth only. Mommy playgroups.

Back then, there was no issue about 'booster' shots...vaccines were promised as life long immunity...a shortcut to healthy kids...you wouldn't need to deal with infectious illnesses...chickenpox maybe but nothing scary about chicken pox back in the 1980's.

Fast forward to the future...you 30-somethings are having your babies. There are parenting communities on FB and vaccine information is readily available on the net. Parents have been divided into an either/or...you're for vaccines or you're against vaccines. And all you really want is to make an informed decision on behalf of your kids. Vaccine safety and freedom to choose is what you want.

And you want a way to help your kids when they are sick, even if the outbreak is in the vaccinated or unvaccinated population.

And you have since found out, vaccination is not immunity for life. Natural immunity and exposure to infectious childhood illnesses are immunity for life.

### **SO...MAYBE YOU ARE:**

1. Delaying vaccines;
2. Deciding against vaccines and have never been vaccinated nor will you vaccinate your kids;
3. Vaccinating and your child has had a vaccine injury and you are stopping vaccination.
4. A parent of a child with an autoimmune disorder and you can't vaccinate;
5. Planning on a family in the near future and you want information on childhood diseases before you have to make the decision whether to vaccinate or not;
6. Curious about life long immunity to disease and how you achieve that;
7. A 'just-in-case' kind of person and you want to know how to prevent and treat infectious illnesses in the event of an outbreak of measles, mumps, rubella, whooping cough, flu, chicken pox, etc.

Then I have something important to share with you...information you will need in the event of an infectious childhood disease (or flu) outbreak. Please know...these outbreaks are occurring in the vaccinated population as well.

### **INFORMATION THAT WILL:**

1. Prevent illness in an outbreak;
2. Support healing in an outbreak;
3. Provide lifelong immunity to an infectious disease.

As a parent and now grandmother, I am going to share with you what I have learned these past 30 years of researching vaccines, childhood fever and infectious childhood diseases. As a homeopath with seventeen years of formal education, I am going to share with you what I have learned from parents who have brought their children to see me...some vaccine free, some vaccine injured and some with autoimmune disorders.

### **VACCINE FREE: NOW WHAT? THE ONLINE ECOURSE**

Available 24 hours a day. 7 days a week. And works with your schedule!  
All the information and resources you will need:

1. To make an informed decision about vaccination for you and your family
2. To feel confident in using homeopathic remedies in infectious illness outbreaks like measles, mumps, rubella, chicken pox, influenza
3. To be a part of a like-minded community in a private FB group where you can ask for help and share successes

All courses are affordable and accessible to all. Prices are kept low with options to pay monthly, pay-what-you-can and pay-it-forward.

You can study all twelve lessons for \$295.00 CDN or pick and choose individual courses at \$29.95 CDN.

**For more information, details or questions, send an email to [info@powersofhomeopathy.com](mailto:info@powersofhomeopathy.com).**



## WHAT DO PARENTS ARE SAY ABOUT THE COURSE?

“After taking this class with Donna, I feel more confident in determining the specifics of remedies that I should use. As a mother with little children, I quite often find it difficult in the thick of acute sicknesses. In those times, I feel I need to be quick in figuring out which remedy and dilution to use. Donna put my mind at ease by sharing a clear outline to follow when a homeopath cannot be reached. As well, she shared alternative suggestions to try when I feel it is the correct remedy but the illness does not react in a predictable way. (I learned, for instance, the difference between preparing a wet infusion as compared to giving a dry remedy). I also feel a bit better knowing that I can antidote what has been given if I have given the wrong remedy, or the wrong dose. The information presented in this class would be helpful to all parents. Donna’s dedication to helping people feel empowered and supported while using homeopathy shines through. Thank you Donna for all of your knowledge and expertise!” JS

“It is incredibly helpful to reach out for advice when your children are sick. I very much appreciate the time that Donna puts into the forum and the generous advice that she gives.

For me, this advice and actually practicing home treatment has helped me the most in trying to learn about homeopathy. I am hopeful that one day I will have enough experience to try to help others in the forum.” – SC

Want a sample of what you can expect in the course?

## [FREE MEASLES COURSE](#)

How To Do Your Research - Measles As An Example

Today’s newsletter will give you as much information as I can put together in the hopes that it saves you some time. Put everything in a binder, read it and take it with you to the school meeting or arrange for a meeting with the administration.

For me personally, I weep more for the families struggling with autism. THIS is an epidemic/pandemic and a travesty that needs to be addressed. If [1 in 59](#) children in North America has autism (the number of boys diagnosed with autism is 4 times higher), then how many kids does that mean in a city of one million, like Calgary?

## MEASLES AS AN EXAMPLE

1960’s: When Measles, Mumps, Rubella, Chicken Pox was Normal

Measles was a normal part of my childhood. Five kids, one after another came down with measles...my mom turned to Dr. Spock for support. And every mom in the neighborhood knew and anticipated that their kid was likely to come down with measles too. Anticipated and accepted as a normal part of childhood and part of growing up and developing.

My siblings and I were part of the group in the 1960's to see the last of the measles outbreaks... at least a couple of years before the vaccine was introduced. We all survived.

What did that mean that we had naturally acquired measles? Life long immunity. When I vaccinated my boys in the 1980's (being a good mother and good mothers listened to the doctor), I was told that this was immunity for life. It is not. My thirty-something adult male children, who are having children of their own, are not immune to measles or mumps. Vaccines are not immunity. There is no way to determine who is susceptible to measles now and who is not if you are over the age of 15...which is why the big push for MMR vaccination/revaccination (and DPT) in high school.

## THE NUMBERS CRUNCH

Thank you to Dawn Babcock Papple, writer for [Everything Birth](http://www.everythingbirth.com)([www.everythingbirth.com](http://www.everythingbirth.com)) who posted a guest blog on VaxTruth.org. This is for those (not me) who love to number crunch the before measles vaccine and after the vaccine stats.

I just get a headache even looking at the graphs.

But she does a decent job of the math...I think. You tell me![Graphs](#) and numbers are handy but do read her blog in its entirety.

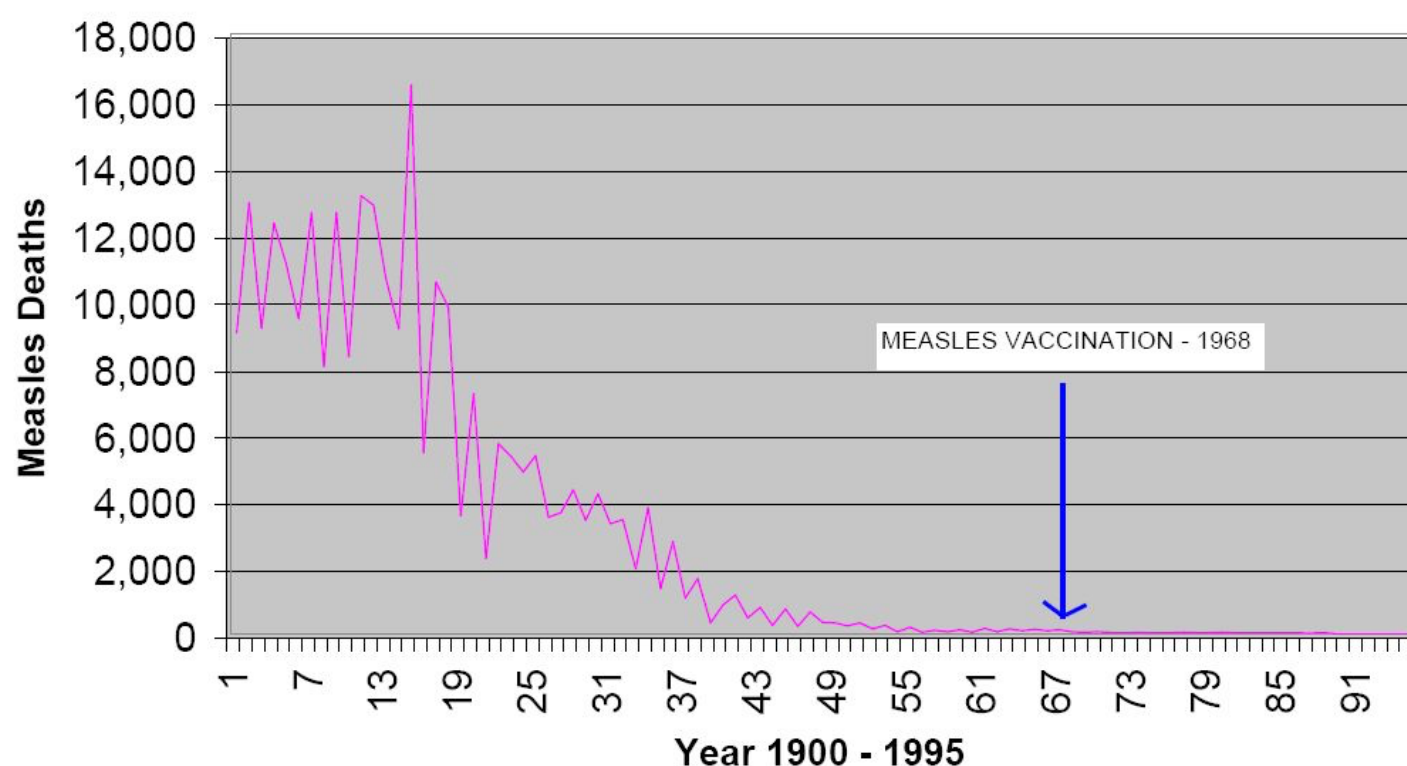
An EXCELLENT [video](#) on herd immunity by Dr. Suzanne Humphries. Herd immunity is the argument that is presented to support re-vaccination and vaccination of those who are vaccinated and vaccine free:

## DOING YOUR RESEARCH on the Measles Vaccine

Top tips to get you the information you need to make an informed decision about vaccination. Simply download and put in a handy binder to carry with you to the well-baby check up.

## GOOD RESEARCH

If you only do these first two items, you will be well informed as to the contraindications for any vaccine for your child. You will also learn what the adverse effects are.





FIRST - go to the:

1. National Vaccine Information Centre NIVC [www.nvic.org](http://www.nvic.org) and click on the tab 'Ask 8 Before You Vaccinate'. If you have ANY family history of neurological disease, you must consider the next steps very carefully.

2. Priorix by GlaxoSmithKlein is the MMR vaccine used in Canada. Read the [full product monograph](#) (not the happy brochure from the health clinic or doctor's office that says side effects are minimal). The complete product monograph will list all the constituents (includes adjuvants, antibiotics, aborted fetal tissue, sorbitol, hydrolyzed gelatin and more) and reported adverse effects.

You will have to ask your family doctor, pediatrician or public health nurse for the product name of the vaccine being offered. Once you have the product name, you can do a search for the product monograph.

## BETTER RESEARCH

Download, print and put in your growing binder. Take the Adverse Event form with you and have the nurse fill it out if you are choosing to have your child vaccinated.

3. Go to [Health Canada Vigilance Adverse Reaction Online Database](#) to find out adverse vaccine reactions to the MMR vaccine. Most adverse reactions go unreported so should you decide to have your child vaccinated, it is important that you report any adverse reactions. See item 4, which is the form to take with you to the vaccination. Have the public health nurse or whoever is giving the vaccine fill out the form.

## 4. [Adverse Events form.](#)

If your child should have an adverse reaction to the MMR vaccine, you will want this information at the time of vaccination. Looking for the DIN (Drug Information Number), batch number, lot number etc AFTER you child has a reaction will involve way more phone calls. If you thought your time researching before a vaccine was time consuming, simply imagine the time needed after the fact post injury!



## BEST RESEARCH

Download, print and add to your now 2" binder! Legal Issues

A big shout out to Edda West of [Vaccine Choice Canada](#) (formerly Vaccine Risk Awareness Network in Canada)! She has worked for as many years as I have been researching compiling information and resources for Canadian parents (that's 30 years). Do sign up for their regular newsletter and you will be up to date with all information on vaccines and vaccine choice in Canada.

5. Medical Law in Canada - [Exemptions](#). As it stands now in Canada in 2018, vaccination is NOT mandatory. You still have a choice.

6. [Legal Exemption Forms](#) Canada  
Ultimate Research

7. Institute of Medicine Report: [Adverse Events Associated with Childhood Vaccines: Evidence Bearing on Casualty \( 1994 \)](#)

It will take some time to plough through but well worth it when you get to the discussion of 'causal relation'.

Here is the final conclusion from the report:



## CONCLUSION

The evidence establishes a causal relation between vaccine-strain measles virus infection and death. The conclusion is based on case reports in immunocompromised individuals and not on controlled studies. No relative risk can be calculated. However, the risk of death from measles vaccine-strain infection would seem to be extraordinarily low.

The evidence establishes a causal relation between MMR and death from anaphylaxis or complications of severe thrombocytopenia.

There is no direct evidence for this; the conclusion is based on the potential of thrombocytopenia and anaphylaxis to be fatal. The risk would seem to be extraordinarily low. The evidence favors acceptance of a causal relation between measles vaccine and death from anaphylaxis. There is no direct evidence for this; the conclusion is based on the potential of anaphylaxis to be fatal. The risk would seem to be extraordinarily low.

The evidence is inadequate to accept or reject a causal relation between measles and mumps vaccines and death from causes other than those listed above.

## WARNING: A COMMON ADVERSE REACTION TO MMR (RUBELLA COMPONENT) IN TEENAGE GIRLS

Here are some adverse reactions to be aware of with the MMR vaccine, especially the Rubella component if you are a female teen. Be sure to report if you experience this possible side effect. This information is from the Centre for Disease Control. The whole document is worth reading.

“Joint symptoms are associated with the rubella component of MMR. Among susceptible persons who receive rubella vaccine, arthralgia and transient arthritis occur more frequently among adults than among children and more frequently among postpubertal females than among males.

Acute arthralgia or arthritis are rare among children who receive RA 27/3 vaccine (187). By contrast, arthralgia develops among approximately 25% of susceptible postpubertal females after RA 27/3 vaccination and approximately 10% have acute arthritis-like signs and symptoms (188,189).



Although rare reports of transient peripheral neuritic complaints have occurred, insufficient evidence exists to indicate a causal relation between RA 27/3 vaccine and peripheral neuropathies (149,190).

When acute joint symptoms occur, or when pain and/or paresthesias not associated with joints occur, they generally begin 1-3 weeks after vaccination, persist for 1 day to 3 weeks, and rarely recur. Adults who experienced acute joint symptoms after rubella vaccination usually have not had to disrupt work activities (189,190,191).

A 1991 report by the IOM (this is your number 7 Ultimate Research link) stated that although some data were consistent with a causal relation between RA27/3 rubella vaccine and chronic arthritis among adult women, the evidence was limited in scope and confined to reports from a single institution (149). Several more recently published



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Thank you for being a part of creating a natural, safe, non-toxic world with homeopathic remedies.

Yours in health and healing,

*Donna Powers*

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