

Congratulations! Baby's First Tooth!



You know it's coming because you've heard all the horror stories from well-meaning parents, siblings, extended family, and friends whose children are all just that much older than your up-to-this-point healthy and well baby.

READ MORE 

Teething. You hear mothers state simply as their child screeches miserably and cries inconsolably, ‘Oh...she’s just teething.’ For a period in every child’s first year of life, it’s as if every behavioral deviation from the norm can be explained by one simple phrase...he’s teething.

Some parents and babies seem to cope very well with the whole teething business but for some of us, teething babies are a form of torture with loss of sleep, endless bouts of tears and frustration (I’m talking about the parents here, too!) and an utter feeling of despair that nothing could possibly help baby or you with the endless suffering and pain.

Have you happened to notice? Hallmark has NO cards to celebrate that first tooth emerging. Ha! There’s a good reason for that. The card would have to express the sentiments of sympathy, not celebration.

DESPERATE TIMES

Teething babies can often be a parent’s first experience with homeopathy. Combination remedies where there are anywhere from 2-5 homeopathic remedies in them can be very effective. And sometimes, depending on the formulation, help a lot or not at all. Oh no!

Desperate times call for desperate measures... But learning about specific homeopathic remedies might help even more.

You have to ask yourself, why is this combination remedy so effective for my friend’s baby but not mine? (There is nothing fair about teething!) The easy answer? Different products, different formulations... In other words, one combination will be helpful for some babies and another formulation better for other babies.

For instance, in Canada, Boiron makes a teething product called Camilia that contains Chamomilla, Phytoclasca, and Rheum. For the majority of babies, parents find this combination helps tremendously. For many babies, though, it’s a trip back to the store for the parents because the remedy did nothing... zilch, zip. And if you are lucky, there on the shelf is the ‘other’ Teething Tablet product by Hyland. Their formulation has Chamomilla and Belladonna, as well, but what do you know? The formulation also has Calcarea phos and Coffea! So what is the difference?

The difference is your child’s unique teething symptoms. Let’s go through this whole ‘symptom picture’ idea step by step. Just a few minutes here will help you when the ‘time for teething’ has arrived.

COMMON SYMPTOMS OF TEETHING

- Red cheeks
- Drooling
- Low grade fever (Open-minded doctors will agree with this but if you look at science and research, the claim is that fever is not a part of the teething picture...really. I looked extensively and found it hard to believe. My own ‘anecdotal’ experience was with babies who spiked quite high fevers during teething.)
- Chewing on fists
- Biting down (which includes nipples for breastfeeding moms and the fingers of well-

meaning dads...ouch!)

- Runny nose
- Diarrhea
- Loss of appetite and stomach upsets
- Sleeplessness from pain

YOUR BABY'S UNIQUE SYMPTOMS OF TEETHING

· Ugly behavior – your baby wants to be picked up and after picking them up, thrashes around and wants to be put down. Going from one adult to the other and unhappy with anyone yet wanting to be carried and carried at a good bounce. That is about all that will give anyone any peace...joggling vigorously. If you try to gently comfort, the baby or child will hit or toss the soother out of your hand. Crying uncontrollably, getting worked up into a frenzy, more excitable as the day goes on, more irritable and more difficult to manage until 9 pm, and then quite impossible to put to bed. You notice that they are much worse at night and the gums are very swollen, inflamed, and tender with only one cheek that is red, not both. Out of sheer desperation with this teething child, the parent can easily give in to the demands of the child, only to have it thrown back. This teething child can also have diarrhea that looks like ‘chopped eggs and spinach’ or smelling like rotten eggs.

IF this is sounding like your baby (and this is the state of many teething babies), you are looking at the homeopathic picture of Chamomilla. This is why both homeopathic pharmacies have Chamomilla in their formulations. This is a remedy that best captures the teething experience of most babies, most of the time.

YET ANOTHER UNIQUE TEETHING PICTURE

Exquisitely sensitive to pain – and wants only cold held in the mouth, whether a ‘freezie’ soother, a cold rag filled with ice, cold food, or if they have started solids, only frozen peas or frozen fruits. You look at this baby and wonder how on earth do they keep going and going in such a hurry when they don’t nap, they don’t sleep, and they are in so much pain. Like the Chamomilla teething baby, they want up, they want down, they moan and shriek from the pain, they throw things in anger, they have one red cheek with the fever BUT...the diarrhea is watery and painless AND they have this need to hold cold food/water/objects in their mouth. It’s the only thing that gives them any relief with the teething.



IF this is sounding more like your baby, even though the picture is very similar to Chamomilla, you will likely have more success with the Hyland's formulation. But now knowing what you know, it may be that your baby will do very well indeed on the single remedy Coffea.

There you have it: the two biggest differences between one combination formulation and the other.

And if homeopathic combination remedies are ineffective, give your homeopath a call to individualize a homeopathic remedy for teething. Your child is unique and you will want an individual remedy to support this challenging period of growth.

Powers of Homeopathy offers a course for folks just like you who are interested in learning the homeopathic remedies in more depth. It's called Just the Remedies. If you would like a small free sample of what the 40-week course (40 remedies in total) is all about and learn about Chamomilla in more detail, click [HERE](#)

Chamomilla vulgaris

THE HOMEOPATHIC REMEDY PICTURE

This is a Chamomilla plant from my little flowerbed. Before reading any further, have another look. What can you see? Then I will tell you what you can't see — and what I see!



What you might see is a very pretty plant in amongst the rocks. Kind of sweet and innocent...a plant you might want to caress and say a few kind words to in its leafy presence.

What I see are feathery leaves, dainty yellow faces in a frill of white petals, rocks, and dirt. What you can't see? The 'multitudes' of crops of plants! Step six inches away from this pretty little contained patch of Chamomile and you witness the remarkable fertility of nature...from a few seeds to hundreds of plants... everywhere and anywhere! Seeds cast by the wind to where you would never dream a seed could land and grow. Tenacious little plantlings who need little to thrive and are overwhelming in their numbers.

When I crush the leaves and flowers as I yank yet another fuzzy, green errant plant, they are soft and have a soothing smell. But the irritation grows as I pull each little teeny tiny plant, one after another, from between the teeniest, tiniest pebbles of my grass-free 'lawn.'

Really? How could so many plants grow in so many weird places? So persistent, so demanding in the space they occupy.

“I am Chamomile...hear me roar. I will exist, I will thrive, and I will take over whatever you consider your well-kept, well-controlled space. You cannot ignore me. Whether you crush me, pull me, or step on me, you will know that I am here! You will have to deal with me. I will grow calmly and peacefully. I. Will. Grow.”

Well, Chamomile... I will continue to yank and pull you out from the places you do not belong, and on good days, I will be fine. Other days? I will be in awe at your will to survive in spite of my attempts to remove you. And on ‘bad’ days? I will be angry and annoyed that you have found your way into my oasis of peace and calm. The sun is hot, my back hurts, there’s dirt under my nails, and you just keep doing what you do...ignoring my need for calm and peace. How you demand my attention! You are a PAIN!

WE ARE FAMILY

In some ways, this is the ‘story’ of Chamomile and the other members of this plant family, Compositae or Asteraceae. Chamomile is sibling to Arnica, the hardy mountain climber, Cina, the worm destroyer, Bellis perennis, the healer of deep wounds, Yarrow of the nosebleed fame, Taraxacum (Dandelion), the lion of weeds, and Echinacea, the great flu preventer.

All the members in this family have themes of injury by burning/punching/scalding/crushing, hurt by insult or shock, and a fear of being touched or approached. This ‘tough’ brood of siblings would far sooner say, “I am OK” when faced with adversity than let you know they are in pain. This family is also quick to take the beatings, to be strong, and to protect others from hurt. (These themes or ideas are from the work of Rajan Sankaran.)

CHAMOMILLA, THE UNRULY

Chamomilla (the homeopathic name for chamomile) is the one sibling in the family that will let you know they are in pain. They are exceedingly sensitive to pain and this is one of the reasons that Chamomilla is so effective for helping babies who have teething pains.

Or adults, for that matter. These folks are in so much pain, they demand your attention and demand relief from their pains. But the pain is so intense that all efforts on your behalf to calm, pacify, and relieve may be met with a hit, a punch, or hurtful, cruel, ugly words. Anyone in this kind of pain is literally ‘beside himself or herself.’

WHEN BEHAVIOR IS A SYMPTOM IN HOMEOPATHY

In homeopathy, we put some of the mental/emotional symptoms in what are called rubrics in a Mind Section of the repertory. These are simple statements of particular states of being. Here is a sample of some of the mind rubrics for Chamomilla:

Abusive, insulting.

Abusive, insulting: children insult parents.

Anger, irascibility: throws things away.

ANSWER, ANSWERING, ANSWERS: CIVIL, CANNOT GIVE.

ANSWER, ANSWERING, ANSWERS: SNAPPISHLY.

Beside oneself, being.

CARRIED: DESIRES TO BE: RELIEF, YET IT GIVES NO.

Morose, sulky, cross, fretful, ill-humor, peevish: children, in.

Obstinate, headstrong: children.

QUIETED, CANNOT BE: CARRIED, ONLY BY BEING.

ROCKING: DESIRES TO BE ROCKED.

Sensitive, oversensitive: pain, to.

SENSITIVE, OVERSENSITIVE: WIND, TO THE.

Striking: children, in.

WEEPING, TEARFUL MOOD: CHILDREN, IN:

CARRIED AND HELD, WHEN: AMEL.

WEEPING, TEARFUL MOOD: CHILDREN, IN: THINGS: WANTED ARE REFUSED.

Sound like a teething child to you? Yep...that is why Chamomilla is so effective with teething pain. But now you can start to consider how you could possibly use Chamomilla for an adult, as well. Like a child who is in a Chamomilla state, who is angry and hits and says rude things, this state could also be in an adult.

They are in pain, whether emotional, mental or physical. And what a wonder Chamomilla is in supporting the ability of the body to heal... from whatever ailment: teething or 'taking the beating' for another or being in an accident where you just want relief from the pain that is causing you to do and say things you would never dream of in a pain-free state.



CHAMOMILLA FOR FEVER AND FLU

Consider the flu in which a person might have a fever that makes them angry and strike out, demand to find relief. Their pain, their suffering, their anger is affecting everyone in the house. Then you realize, the anger comes on with the fever. Here is the rubric:

Anger, paroxysms brought on by.

This means that their anger is brought on by bouts of fever.

Dentition, during.

Doctors and medical websites will tell you that fever during teething does not happen. Ha! Just ask any mother or father of a teething baby who is in a Chamomilla state of pain!

SHUDDERING: HEAT, WITH.

Consider this fever symptom...there are only 16 homeopathic remedies that have this symptom. Say you have given your teething baby or your flu-ish teen or adult Belladonna for fever because it seems well indicated, and yet the Belladonna does nothing. Then you notice that along with their fever, they are shuddering. What to do? Remember Chamomilla, especially if they are in so much pain and striking out at you as the caregiver. They want to get better NOW!

SWEET AND UNRULY

So it is that plants as well as humans can be sweet when well and unruly when sick. And how amazing is it that homeopathy can take the pain of a Chamomilla state and help a baby, child, teen, or adult return to a state of sweetness and calm! Only Chamomilla in a Chamomilla state can heal...what Chamomile can create, it can cure. This is homeopathy.

Be sure to check out the free sample [Chamomilla e-course](#).

You will receive an audio, video, Power Point and PDF transcript of the remedy Chamomilla. All these resources are from the course 'Just the Remedies' and will give you a taste of what the 40-week course is like. Curious about the 40-week course and want more info? Check it out [here](#)



Dear New Mother Looking for Resources!

I have been doing this a long time. I have seen the positive and sometimes life changing impacts of homeopathy in the home and I am of the firm belief that this mission is not only important, but crucial; families must have a choice to access these alternative healing modalities. My earthly purpose is to empower families around the world and I want to create a supportive community that is knowledgeable and confident to ignore much of the fear mongering that is used in the media. I work with people from all walks of life and my goal is to truly make this work accessible to all. To this end; I produce all types of media to suit different learning styles.

And here is the big news! I am nervously and with excitement launching a Pay What You Can Afford Model. It feels right. I understand that a lot of families who are dealing with health issues may have financial problems as a result.

I have chosen this pay what you can afford model so that everyone can join, regardless of your financial status. Please pay the suggested amount, or pay over time.

But if you need to pay less or simply can't afford to pay, please contact me for a gift coupon, there is no shame; everyone deserves good health.

Likewise if you can afford to sponsor someone else, whether you know them or not, please make a donation separately here on Paypal and a scholarship will go to a family in need with deep appreciation.

To be honest I don't know how this payment option will work out but I am choosing to believe that my earthly needs will be provided as I step forward with my work by making it accessible and affordable to all.

— Donna

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40 Weeks

\$195.00CDN – One Time Payment

\$24.95CDN x 8 – 8 Monthly Payment

Pay-What-You-Can – [Contact info@powersofhomeopathy.com](mailto:info@powersofhomeopathy.com)

Pay-It-Forward – info@powersofhomeopathy.com



My personal mission is to have a homeopathic kit in every home and to provide you with the knowledge of how to safely and successfully use your kit in acute illness or accident situations, whether at home or while travelling. All of our courses and kits are affordable and accessible to all. Check out our pay-what-you-can model www.powersofhomeopathy.com.

Thank you for being a part of creating a natural, safe, non-toxic world with homeopathic remedies.

Yours in health and healing,

Donna Powers

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