

PULSATILLA NIGRICANS (PULS)

From *Children's Types* by Frans Kusse:

“When we take a look at this sweet – in the true sense of the word – plant, we can learn much about the character of the child who needs it.”

“Anemos” means literally “breath” or “wind” and “pulsare” means “move.” In England, this anemone is not for nothing called “windflower.” This plant dances at the slightest breath of wind.

Dodanaeus about *Pulsatilla*: “The flower called anemone grew from the tears wept on the earth by Venus as she mourned her young Adonis.”

Pulsatilla grows especially in sunny areas on sandy earth. The plant contains much silica, which is why it has many similarities with the remedy *Silicea* (*silicon dioxide*).

“*Pulsatilla* children usually have a likeable and gentle character. They may be a bit shy to start with, but as soon as they get to know someone, they come out of themselves. They love company and really blossom when they notice that others like. They need attention and have a desire for tender loving care. It seems to be a remedy that only fits girls, yet in practice it's regularly and successfully used also for boys. These boys are mostly sensitive and milk. They also like tender loving care and it's not out of the ordinary for a thirteen-year-old boy to jump onto his mother's lap for a cuddle!

The feelings of *Pulsatilla* children can fluctuate wildly. One moment, they're deeply miserable, then a second later they can be beaming happily again. Their life is determined by their emotions and there's nothing they can do about it. That's where their strength and their vulnerability both lie.

...they can be overcome by a feeling of loneliness. This feeling can be so strong that they feel as if they're completely alone in the world. To drive out the loneliness, they look for warmth and comfort. They they're also very happy when their father, their mother, or a nice friend is around to console them!

Pulsatilla obviously can't transform these children. They remain emotional, and indeed there's nothing wrong with that. But the remedy helps them to develop a more stable emotional balance, so that they're not bowled over by every passing “breath of wind.” If *Pulsatilla* fits well, it's also able to heal the physical complaints.

From *Clinical Observations of Children's Remedies* by Farokh Master

“MIND

- Child has a **strong emotional bond** with his mother (clinging); will not leave her even for a second.
- Girls who, from a very early age, show an inclination or a desire to marry early, become **housewives**, and **have many children** of their own, or these girls who would like to take up **careers in the nursing field**
- Adapted to children who are:
 - Affectionate
 - Gentle
 - Indecisive
 - Mild
 - Timid
 - Yielding
- Children who demand excessive attention all the time.

GENERAL

- Ailments from abuse of antibiotics, antipyretics (fever medicine), iron tonics, oral steroids; **after measles**, or **when the eruptions are suppressed**; change of weather or temperature; and from **getting wet**.
- **Anemic children** with marked pallor, faintness and constipation.
- Allergic to cats.
- Child desires cold, open air, which ameliorates, but is worse from draft of air.
- Contradictory and alternating states OR constant and rapid change of symptoms, with wandering pains.
- Discharges: Bland or excoriating, copious, fetid, hot purulent, and yellowish-green.
- Hot tender, indurated glands, with a bluish discoloration of the part.
- Intolerance of covers and woolen clothes.
- Most of the complaints are worse after twilight.
- Never well since otitis media (ear infection) and after infectious diseases.
- Soft bones; rickets.
- **Thirstless**, even with fever.”

Pulsatilla Babies

Babies needing this remedy become overheated easily and you will find that even if they are sick, when you take them outdoors or where it is cooler, they seem to improve. Getting overheated overall, makes a Pulsatilla child/baby/adult quite unhappy and weepy even.

Anyone needing Pulsatilla as a constitutional remedy will be someone who by nature is quite thirstless. As adults we learn to drink plenty of water because it is ‘good for us’ but for someone needing Pulsatilla, they will be quite thirstless.

Although there may be a craving for ice cream or rich foods, Pulsatilla folk are worse from eating pork, fats, butter and anything rich.

Pulsatilla Older Children

Here's a Pulsatilla 'story'...your child has been invited to a birthday party. Normally, you are quite careful with diet but...it's a birthday party. So...your child eats the hot dogs, the ice cream, the cake with icing sugar, the potato chips, the French fries. You get a call on your cell phone...little Sarah is asking for you, says she has a bad tummy ache and will you come right away. We were in the sun playing after eating and all of a sudden she just started feeling unwell and crying.

You pick her up and she hugs you, crying...feeling badly that she can't stay but wants to go home. In the car, she asks for the window open just a little bit (or if it is summer, maybe wants the air conditioner on) and soon, she starts to feel better.

Maybe by then you have figured out to give some Pulsatilla too!