

CALCAREA PHOSPHORICA

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"The main feeling of Calcarea phosphorica is: I am not loved at the place of security (home), so I should seek love elsewhere (outside of home) and come home for Security." This is seen in the rubric:

*Home, desires to go and when there, to go out.

Calcarea persons need to have people around; they want to feel protected as they feel insecure. The feeling of Phosphorous is: I must prepare to live alone, to be able to live on a distant island. Thus Calcarea phosphorica has the need for unity, but the ability to live alone if the need arises.

The ability to make new connections also comes from the Phosphorous element of Calcarea phosphorica. Calcarea phosphorica people are friendly and make friends easily. They love to travel. Calcarea phosphorica persons tend to make a new home wherever they go. Their friend's home becomes their home. They care even for strangers in such a way that they soon become part of that family. This may seem like Phosphorous, but the difference is that Phosphorous persons do not make a home wherever they go - this additional element is found in Calcarea phosphorica because of the Calcarea element, with its need for stability and security.

Calcarea phosphorica is a chief mineral component of bone, which not only provides security and stability to the body but also facilitates its mobility. The Calcarea phosphorica people are active physically as well as mentally, and are very sensitive.

Rubrics:

- *Anxiety in children when lifted from the cradle.
- *House, desires to go and when there, to go out.
- *Travel, desire to.
- *Violent, when hearing another approached.
- *Jealousy.
- *Desire for smoked meat, fat, ham.
- *Disorders of growth (growing pains in children).

Quoted from Sankaran's book *The Soul of Remedies*.